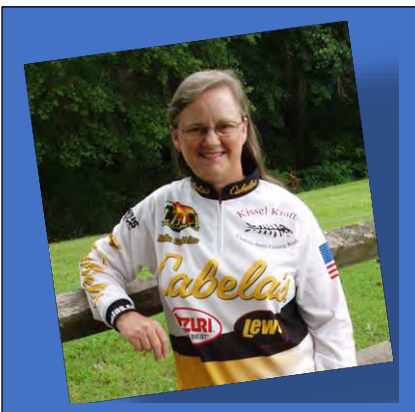




ANGLER BLOG

FEBRUARY 2016



Martha Goodfellow

South Carolina Pro Angler

If you would like to learn more about Martha Goodfellow, visit her website.

www.GoodFishin.weebly.com

Her "Angler Highlight" is available on the Lady Bass Anglers website.

[Click here to visit the link.](#)

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MAKING IT HAPPEN IN 2016 – SETTING GOALS

By Martha Goodfellow, South Carolina Pro Angler

February 2016

We are in the early phase of 2016. Now is the time to identify what you want to make happen in the New Year. Set some realistic goals and come up with an action plan on what you need to do to reach your objectives.



I have benefited from identifying what I wanted to improve on. One example, I recognized that I did not have confidence fishing with a jig. I studied and researched how to fish with a jig. After studying, I took my jig rod to the lake and it was the only rod I used until I felt confident with fishing with a jig. A few days later, my husband and I got our first 20+ pound limit.
- Martha

Looking back at last year or, prior seasons, you probably remember something that you wish had gone differently. Maybe it was a hookset that the fish got off, maybe a day when you didn't catch the fish and others were, maybe you realize that you wish you had helped someone learn more about fishing... whatever you have identified, you might want to include these in your goals for 2016.

Be sure to include specific, measurable, attainable/realistic goals... And, be sure to revisit your list at times during the year.

Example:

Goal: "Get better hooksets while fishing a Jig"

- Study/research/practice how to get the best hooksets
 - Internet searches provide links for tips on how the pros do it
- Identify the proper hookset for the techniques I'll be using
- Learn to develop a solid hook set
 - Maximum power on your hookset
 - Know the mechanics for getting a strong hookset
 - Sharpen my hooks
- Identify when to "wait" when setting the hook.
- Identify the best rod to use
 - Plenty of Backbone
 - Soft Tip
- Identify the best line to use, for my techniques
 - Fluorocarbon or braid
- Learn how to get the fish all the way in the boat



Think about your fishing and what your priorities are. Now, where are your opportunities? And, what new goals would you like to set for yourself?

For more information, you might want to visit <http://www.flwfishing.com/tips/2010-01-27-new-season-new-goals-new-plans>, an article offering "performance advice."
